

Appendix 1 First Interview Outline.

General topics	Supplementary questions/topics
Professional and personal background of the therapist	<ul style="list-style-type: none"> ● Population that the therapist works with ● Years of experience in the field ● Former experience in therapeutic work ● Previous use of digital technology in therapy ● Personal experience during the pandemic ● What means did you use in order to keep in touch with your clients? (Zoom, phone video, Skype, others.)
The transition into remote therapy and its influence on the therapeutic work	<ul style="list-style-type: none"> ● Please describe in what ways working remotely has affected (or not) the drama/art therapy process. ● How did working remotely affect your experience as an art/drama therapist? (Efficiency, functioning, satisfaction, etc.).
The use of art/drama therapy techniques in remote therapy	<ul style="list-style-type: none"> ● What tools do you usually have in the therapy room? What therapeutic techniques do you often use in the in-person therapy? ● Describe how the techniques that you routinely use have been transformed or adapted for the remote therapy context. ● What tools or techniques could not be used following the transition to remote therapy? Please provide details. ● What new tools or techniques did you use following the transition to remote therapy? Please provide details on that. ● Please describe the return to in-person treatments in terms of the tools and techniques that you use now. Has anything changed following the transition into remote therapy, either for you or your clients in terms of the use of techniques or tools?
The effect of the transition into remote therapy on the therapeutic alliance	<ul style="list-style-type: none"> ● Describe the transition to remote therapy for you and your clients, in terms of the therapeutic alliance. ● Was the treatment maintained throughout the first lockdown period? Was a permanent setting created during this period? ● What differences, if any, did you notice regarding the therapeutic relationship, its depth and shape, during the remote therapy sessions in the first lockdown? ● Please describe the return to the in-person setting in terms of the therapeutic relationship. Did the remote therapy affect the therapeutic alliance in any way? If so, how?

Appendix 2 Follow-Up Interview Outline.

General topics	Supplementary questions/topics
Background: Describe any professional or personal changes in the last years	<ul style="list-style-type: none"> ● Please describe if there were any changes in your clinical work. (Are you working with the same population as you were during the 1st interview, in the same capacity, etc.?).
Changes in your use of digital tools or in your opinion regarding remote therapy	<ul style="list-style-type: none"> ● Please describe if there were there any changes in the setting of the school in which you work. ● Please describe your personal experience as an AT/DT in the last years alongside the Coronavirus pandemic. ● Describe your current use of remote platforms in clinical work (due to lockdowns, prolonged illnesses, keeping in touch, etc.) ● Has there been any change in the digital tools that you use now clinically (if at all) compared to what you did prior to the first lockdown? If so, please explain.
Changes in your therapeutic routine, style of work, or use of the in-person setting	<ul style="list-style-type: none"> ● Describe your current perception of using digital means in therapy in comparison to what you thought before the pandemic. ● Has anything changed in the tools that you use in the regular (in-person) setting? Please explain. ● Any changes in your therapeutic style? (For example, more flexibility in the room, assiduous contact with the parents, etc.). ● Please refer to the tools that you have acquired (if at all) to deal with situations in which the usual setting is destabilized or changed. ● How do you feel regarding the possibility that in the future you may be required to change the regular setting (for example – due to an emergency) and move into an online one? How prepared do you consider yourself now for this event? More/less/the same as before?
Define this period with a metaphor or an image	<ul style="list-style-type: none"> ● Describe the first lockdown using a metaphor and use this image to illustrate the unfolding process. ● Explain the image, why this image?